




**EAST BAY REGIONAL PARK DISTRICT  
BOARD OF DIRECTORS MEETING  
AGENDA STAFF REPORT**

---

<b>DATE</b>	November 21, 2023
<b>TITLE</b>	Authorization to Apply for Grant Funds from the CDC Foundation for Swimming and Water Safety Training Programs in East Contra Costa County in an Amount up to \$125,000
<b>DIVISION</b>	Finance and Management Services
<b>FROM</b>	Katy Hornbeck, Grants Manager Dr. Ana M. Alvarez, Deputy General Manager
<b>APPROVED</b>	Sabrina Landreth, General Manager 

---

**RECOMMENDATION**

The General Manager recommends that the Board of Directors authorize an application to the Center of Disease Control and Prevention (CDC) Foundation's Supporting Community-Based Organizations to Pilot Basic Swimming and Water Safety Training for School-Aged Children funding opportunity.

**BACKGROUND**

The CDC Foundation is an independent nonprofit and the sole entity created by Congress to mobilize philanthropic and private-sector resources to support the CDC's critical health protection work. The Supporting Community-Based Organizations to Pilot Basic Swimming and Water Safety Training for School-Aged Children in Select States funding opportunity aims to prevent future drownings among youth. The CDC Foundation desires to partner with community serving organization and school systems across the United States to deliver basic swimming and water safety skills training programs in states and communities with high incidences of drowning. The CDC Foundation will fund at least two programs in selected states (Alaska, Arizona, California, Florida, Georgia, Louisiana, Michigan, New York, Oklahoma, and Texas).

In 2023, the East Bay Regional Park District's (Park District) Lifeguard Service entered into a Memorandum of Agreement (MOU) with Antioch Unified School District (AUSD) for one-year to provide staff and water safety equipment for aquatic programming at Antioch High School and Deer Valley High School. AUSD maintains the pool facilities and the Park District's Lifeguard Service provide lifeguard staff during the spring and fall Physical Education swim unit as well as a water safety camp for non-swimmers (aged 8-16) in the summer for AUSD students. Enrollment is done through AUSD. An extension of the MOU will be extended for programming in 2024.

**ANALYSIS**

According to the Centers of Disease Control and Prevention (CDC), drowning is a leading cause of unintentional injury for children aged 1 to 14 in the United States, resulting in nearly 800 deaths annually. Not all drownings are fatal; non-fatal drownings can have resounding impacts on survivors, with long-term health complications. Among people less than 30 years old, disparities persist between racial and ethnic populations, with Non-Hispanic and Black children and young adults

experiencing 1.5 to 2.0 times the rate of drowning as compared to White children and young adults. Drowning death rates in swimming pools are up to 7.6 times higher for Black youth aged 5 to 14 years than for White youth.

Teaching school-aged children basic swimming and water safety skills has been shown to be an effective drowning prevention strategy. According to the World Health Organization (WHO), basic swimming and water safety training programs are better suited for children aged six years and older, as such programs can be incorporated at scale within school systems, require fewer instructors and are associated with faster skill acquisitions.

## **FISCAL IMPACT**

The action proposes the application for grant funding in an amount up to \$125,000 in grant funding for Swimming and Water Safety Training programs in East Contra Costa County in 2024. If awarded, the grant funding will only fund one-year of programing. This project will not increase the Park District's long-term operational cost. But rather, the grant funds will offset the cost of the program, which is currently funded by the Lifeguard Service's operational budget.

## **ATTACHMENTS**

None.



**EAST BAY REGIONAL PARK DISTRICT  
RESOLUTION {{item.sequential\_number}}NO. 2023-11-  
NOVEMBER 21, 2023**

**AUTHORIZATION TO APPLY FOR GRANT FUNDS FROM THE CDC  
FOUNDATION FOR SWIMMING AND WATER SAFETY TRAINING PROGRAMS  
IN EAST CONTRA COSTA COUNTY IN AN AMOUNT UP TO \$125,000**

**WHEREAS**, the Center of Disease Control and Prevention (CDC) Foundation is an independent nonprofit and the sole entity created by Congress to mobilize philanthropic and private-sector resources to support the CDC's critical health protection work; and

**WHEREAS**, the CDC Foundation's Supporting Community-Based Organizations to Pilot Basic Swimming and Water Safety Training for School-Aged Children in Select States funding opportunity aims to prevent future drownings among youth. The CDC Foundation desires to partner with community serving organization and school systems across the United States to deliver basic swimming and water safety skills training programs in states and communities with high incidences of drowning; and

**WHEREAS**, the East Bay Regional Park District's (Park District) Lifeguard Service entered into a Memorandum of Agreement (MOU) with Antioch Unified School District (AUSD) to provide staff and equipment for swimming and water safety training programs at Antioch High School and Deer Valley High School; and

**WHEREAS**, teaching school-aged children basic swimming and water safety skills has been shown to be an effective drowning prevention strategy; and

**WHEREAS**, the swimming and water safety training programs offered at the AUSD schools are eligible for the CDC Foundation's funding and supports its goals; and

**NOW, THEREFORE BE IT RESOLVED**, that the Board of Directors of the East Bay Regional Park District hereby:

1. Approves the application of \$125,000 in grant funds to the CDC Foundation for swimming and water safety training programs in East Contra Costa County; and
2. Authorizes and directs the General Manager or Assistant General Manager of Finance and Management Services, on behalf of the Park District and in its name, to accept grant funds and execute and deliver such documents including, but not limited to applications, agreements, payment requests and amendments and to do such acts as may be deemed or appropriate to accomplish the intentions of this resolution; and

**BE IT FURTHER RESOLVED**, that the Chief Financial Officer or Budget Manager is hereby authorized to amend the current year's budget, without further Board action, upon receipt of an executed grant contract from the Grants Manager. The budget amendment will include an increase in budgeted revenue and a corresponding increase in appropriation for the amount stipulated in the grant contract.

Moved by Director \_\_\_\_\_, and seconded by Director \_\_\_\_\_, and  
adopted November 21, 2023, by the following vote:

FOR:

AGAINST:

ABSTAIN:

ABSENT: