


A. Resolution Proclaiming June 2024 as East Bay Regional Park District Mountain Biking Month



**EAST BAY REGIONAL PARK DISTRICT  
BOARD OF DIRECTORS MEETING  
AGENDA STAFF REPORT**

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<b>DATE</b>	June 4, 2024
<b>TITLE</b>	Resolution Proclaiming June 2024 as East Bay Regional Park District Mountain Biking Month
<b>DIVISION</b>	General Manager's Office
<b>FROM</b>	Amanda Gallo, Assistant to the General Manager Sabrina Landreth, General Manager
<b>APPROVED</b>	Sabrina Landreth, General Manager 

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**RECOMMENDATION**

Adopt the attached resolution to proclaim June 2024 as East Bay Regional Park District Mountain Biking Month.

**BACKGROUND**

East Bay Regional Park District offers numerous mountain biking trails where bike riders of all ages can enjoy non-paved dirt or gravel fire roads that are 8' in width or greater ranging from different levels of difficulty: Beginner, Intermediate, and Advanced. The Park District greatly welcomes the mountain biking community in their use of the parks and continued active participation in community engagement with Park District trail projects and initiatives. The attached resolution proclaiming June 2024 as Mountain Biking Month continues the Park District's support for the growth of this sport that provides numerous health and wellness benefits, including mental health benefits, cardiovascular exercise, and community and social building, all while connecting with nature.

**ANALYSIS**

With the adoption of this resolution, the Park District would be aligning with many other organizations in proclaiming June 2024 as Mountain Biking Month, such as: the State of California Legislature (ACR 152: California Mountain Biking Month), the City of Berkeley, Bicycle Trails Council of the East Bay, and the California Mountain Biking Coalition.

**FISCAL IMPACT**

No fiscal impact.

**ATTACHMENTS**

None.



**EAST BAY REGIONAL PARK DISTRICT  
RESOLUTION NO. 2024 – 06 -  
JUNE 4, 2024**

**RESOLUTION PROCLAIMING JUNE 2024 AS EAST BAY REGIONAL PARK  
DISTRICT MOUNTAIN BIKING MONTH**

**WHEREAS**, mountain biking, in its many forms, including trail riding and other related off-road cycling activities, takes place on natural surface trails, unpaved roads, and purpose-built bike park facilities throughout East Bay Regional Park District and California's public lands and open spaces using bicycles designed for off-road use; and

**WHEREAS**, California is widely recognized as the birthplace of mountain biking, with its roots in the County of Marin in the late 1970s, which is now the home of the Mountain Bike Hall of Fame; and

**WHEREAS**, mountain biking clubs and organizations throughout California contribute to their communities with large number of volunteer hours, technical expertise, and manual labor to steward and maintain our parks and natural surface trails for the benefit of all trail users and federal, state, and local land management agencies throughout the state; and

**WHEREAS**, mountain biking is a health-promoting activity that provides numerous health and wellness benefits, including mental health benefits, cardiovascular exercise, and community and social building, all while connecting with nature; and

**WHEREAS**, in 1988, five California mountain biking organizations, including the Bicycle Trails Council of the East Bay, came together to form the International Mountain Bicycling Association (IMBA), which was the first national and international mountain biking organization; and

**WHEREAS**, these organizations formed the nation's first 501(c)(4) organization to advocate for mountain biking-friendly legislation, the California Mountain Biking Coalition, which is sponsoring this resolution and have been partners of East Bay Regional Park District; and

**WHEREAS**, mountain biking is often an important community activity and potential driver of economic revitalization for rural communities, especially those needing economic recovery after natural disasters and ongoing reductions in extractive land uses; and

**WHEREAS**, Interscholastic Mountain Biking originated as a high school sport in Berkeley, California in the mid-2000s and has spread across the nation to become the fastest growing high school activity nationally over the past decade, providing opportunities for youth development, healthy physical activity, connection with nature and our public lands, friendly competition, and building independence, self-reliance, teamwork, confidence; and

**WHEREAS**, East Bay Regional Park District engages with local youth and community groups to discuss how trails, fire roads, and mountain biking activities can, if planned for and designed to, connect, and serve communities and provide alternative transportation routes that are free of vehicles and surrounded by nature; and

**WHEREAS**, over 1,000,000 Californians are estimated to have participated in mountain biking activities in 2021; and

**WHEREAS**, improved mountain bike technology and recent advances in, and the availability of, electric pedal assist mountain bikes and adaptive bikes are making mountain biking more accessible for people of all ages, fitness levels, abilities, and disabilities; and

**WHEREAS**, East Bay Regional Park District and California are home to iconic mountain biking destinations across their vast public lands and open spaces, which provide world-class mountain biking opportunities that encourage tourism and contribute to economic revitalization; and

**WHEREAS**, designating June 2024 as East Bay Regional Park District Mountain Biking Month, following the League of American Bicyclists' already well-publicized National Bike Month of May, and the California State Legislature's ACR 152, will promote participation in off-road cycling and mountain biking as a form of healthy outdoor recreation, encourage people to connect with and experience their public lands and natural settings, increase diversity of the mountain biking community, encourage increased stewardship of trails, and celebrate California's significant mountain biking culture, history, and incredible destinations; and

**NOW, THEREFORE BE IT RESOLVED**, that the Board of Directors of the East Bay Regional Park District hereby proclaim June 2024 as Mountain Biking Month as presented to the Board on June 4, 2024; and

**BE IT FURTHER RESOLVED**, that the General Manager is hereby authorized and directed, on behalf of the Park District and in its name, to execute and deliver such documents and to do such acts as may be deemed necessary or appropriate to accomplish the intentions of this resolution.

Moved by Director \_\_\_\_\_, and seconded by Director \_\_\_\_\_, and adopted June 4, 2024, by the following vote:

FOR:

AGAINST:

ABSTAIN:

ABSENT: